



netballorkney

NETBALL ORKNEY SENIOR LEAGUE – AUGUST 2025

SUMMARY OF CHANGES TO THE 2025 SEASON

Teams & League Formations:

Division 1: Performance & Development

- On a trial basis, Division 1 will revert to mixed teams (female only) for August to December, with a review in November.
- 15 minute quarters
- Juniors in U17/18s should speak with their coach prior to signing up

Divisions 2 & 3: Recreational

- Divisions 2 & 3 - as per 2024-25 season, members can continue to submit their own teams.
- Anyone without a team can register individually and we will pass on your details to teams looking, therefore being inclusive to all.
- Teams should provide their own bibs where possible.
- 12 minutes quarters
- Seedings *may* have to take place to determine who is in which league.

Umpiring & Scoring:

- We will continue to:
 - Have a bank of badged / working towards C badge umpires available for Teams to contact. Teams are encouraged to provide umpires a nominal fee, decided between the team and the umpire
 - To use the INF rolling score sheets.
 - We will continue for teams to provide a scorer for their **OWN** game.
- There will be an update to the The Match Coordinator role, allocated to teams. In addition to the roles from last season including being responsible for timekeeping, writing out score cards ready for the scorers, monitoring first aid ie if an ice pack is required, a back up scorer for the teams and setting up or tidying up the court – this year we will have **flip score boards** which the match coordinator will assist with updating which will be available for the teams on court to view.

Changes to Rules 2025:

- There have been no changes to the rules from last season
- NO committee hope to arrange an in person rules workshop as a refresher.

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FULL LEAGUE DETAILS

- Division 1:** Mixed teams (female only) - Individual player sign up with players placed into teams: <https://forms.gle/b8xpKz2tL6Rpb9Sq7>
- Divisions 2 & 3:**
- Team Registration:** Please submit your Team Name, Colours, and Captain details by **Sunday 17th August**: <https://forms.gle/ZBZmxUaL9bCPsrZ28>
- Individual Membership:** Each player is required to complete their Netball Orkney Membership here **by Friday 22nd August** <https://forms.gle/n2oe9LQNO7thnQje8>
- Note: Anyone without a team and looking to find a team can register their details to Netball Orkney which we will pass on to anyone looking for players. Please note that it is not guaranteed that you will be receive a place in a team. <https://forms.gle/DYaPefkJ7uDJaKfF7>
- League Management:** All players should download the 'Spond' app as this will be the portal for all Netball Orkney communication and fees for league
- League Commences:** **TBC**. However bookings are for Thursday nights from 28th August.
- Division 1 – Picky 7-9.45pm (7.10pm and 8:25pm games)
 - Divisions 2/3 – Picky 7-10pm and KGS 8-10pm (games hourly)

FEES FOR 2025 SEASON:

Netball Orkney 2025-26 Affiliation:

- **Senior:** £25
 - **Junior / Student (under 18)** £20
- PLEASE NOTE:** Those attending junior training should make this payable to the team manager.
- Fees will be payable on Spond. Please ensure you have this app downloaded.

Netball Scotland 2025-26 Affiliation

- **Juniors** – see above
- **Seniors** - Level 2 'Social' £16.10 – register or renew at <https://netballscotland.justgo.com/>
- NS Membership must be complete prior to registering, and your membership number should be entered on this.
- Memberships can be upgraded at any time if required.

Team Fees August to December 2025:

- **Division 1:** Individual Player League Fees £32pp
- **Division 2 & 3 Team Entry Fee:** Approximately £300
- **Scratch Fee:** If your team scratches a match, a fine of £25 will be payable to Netball Orkney. This **MUST** be paid within one week of the scratch, and will be payable via Spond.

TEAM ENTRY REQUIREMENTS:

- Teams may be made of female players only
- Teams can enter up to 12 players, however we would ask teams to base this on their individual requirements.
- In the event of a player withdrawing from a team due to injury or pregnancy, a replacement may be signed by contacting the league coordinator at senior.netballorkney@hotmail.co.uk, and this will be at the discretion of the N.O committee. Any new player must pay NO membership and NS membership, and must be signed 7 days prior to a match.
- Players can only play in one team in any league/cup competition unless making up numbers after a game has been scratched.
- 'Play Up' Rule – where a team in Divisions 1 or 2 are short of players, in an alternative to scratching, they may ask a player from a lower division to 'play up'. This must be registered with the League Coordinator by emailing senior.netballorkney@hotmail.co.uk
- Players eligible for U17's training (15 years old as at 31 December 2025) and above are eligible to take part in Senior League. Although, players who turn 14 before 31 December 2025 and are participating in the National Development Centres **may** be allowed to play for a team at Netball Orkney and the Junior Coaches discretion. Any queries should be raised to the N.O. committee.
- Juniors participating in Districts team(s) will be entered as a team by their junior coach.
 - Juniors who are not selected for district teams or are U18s are eligible for other team selection. Should you require a list of names, please contact Cheryl.
- Each team should have a **Captain** and **Vice-Captain** who will be their **team's representatives**. These representatives will be expected to attend any meetings the committee organise to discuss the leagues and disseminate information to their team; and will be reliable for posting their teams score each week.
- We can accommodate a maximum of 5 teams in Division 1, and a **maximum of 11 teams** across divisions 2 and 3, the leagues due to court time availability.
- Teams are responsible for holding medical and emergency contact information about their players. Junior members are still required to submit a parental consent form to Netball Orkney.

UMPIRING:

Our matches cannot proceed without officials, and following continual feedback regarding the quality of umpiring, we have taken action to improve this for this season:

- Each team are **encouraged** to have a minimum of 1 badged umpire, or someone working towards their C badge
- It is up to captains to source an umpire for their allocation as specified on the fixtures.
- There will be a bank of badged umpires, or those working towards their C badge, who you can ask to umpire. It is expected that teams offer a nominal fee to umpires for this.
- Where not using the bank, the captain should ensure that the umpire selected is capable for the game in question. They should not umpire if they are not confident. We will have mentors who can come and assist those looking to develop.

- For anyone wishing to start umpiring, we have a Junior League which is a perfect training environment for this. Please speak with Cheryl Kelday, Sarah Finn or any Committee Member to put your name down.

Bench Officials:

- Teams will be required to provide 1 scorer for their OWN game. Therefore, if you only have 7 players, 1 person will be required to score, and 6 on court. The scorer does not have to be one of your team members, nor affiliated to Netball Orkney or Netball Scotland. The two scorers MUST sit together. Any substitute who is scoring may be switched at quarter or half times, or as a rolling substitute, with another player.
- We will continue to use **Rolling Score Sheets** in line with the INF. This provides greater accuracy on scoring and centre passes.
- The Match Coordinator will be responsible for timekeeping, as well as writing out score cards ready for the scorers, monitoring first aid ie if an ice pack is required, a back up scorer for the teams, and updating the new scoring flip score boards which will be available for the teams on court to view.
- The Match Coordinator, Umpires and Scorers must work together to organise the equipment and ensure the games start and end on time, and should tidy up all equipment and place in the league bags for Picky Staff to put away.

PLAYER DECLARATION:

a) I agree to abide by the Rules and Codes of Conduct of Netball Orkney.

b) I understand that Netball Orkney accepts no responsibility for loss, damage or injury caused by or during attendance at any of the Club's organised sessions except where loss, damage or injury can be shown to result directly from the negligence of Netball Orkney.

Any comments or queries on the above should be sent to the committee at senior.netballorkney@hotmail.co.uk.

We look forward to seeing you all for the winter league,

Netball Orkney Committee